



**Welcome to simpler benefits
for a healthier smile**

**United
Healthcare**

Introducing your Exclusive Network plan

The Exclusive Network plan is designed with you in mind. The plan helps make it easier to get the dental care you need, when you need it, with access to quality coverage and the flexibility to choose any provider in the network.

Take a closer look at your dental benefits

Getting the most out of your plan begins with understanding what it can do for you.

A plan designed with you in mind

- No need to choose a primary care dentist
- 100% preventive coverage in the network
- Fixed, predictable copays
- No annual maximums, deductibles or waiting periods for services

What's included in your coverage?

Preventive care

- **Preventive care is covered at 100% in the network—** It's important because your dentist may be able to catch problems earlier, when they're typically easier to treat
- **Help prevent oral cancer by getting screened—** The American Cancer Society estimates that more than 54,540 people will get oral cancer in 2023.¹ Your plan covers oral cancer screenings for adults.

While a primary care dentist isn't required, the benefit of having one is easy to see: a general dentist who knows your oral and overall health history can help diagnose and treat conditions that may range from routine to complex.

Fillings, crowns, braces and more

Your plan also covers many types of dental care, including fillings, crowns, orthodontia (braces) and even implants. You just need to pay a copay (a set dollar amount) at the time of your appointment.

Extra cleanings for expectant mothers

Increased bacteria levels in a pregnant woman's mouth can lead to tooth decay. For women who are pregnant, this plan covers extra visits for cleaning and gum treatments, as recommended by the dentist.

Connect with a world of care

To help you enjoy your smile, oral health should be a priority. That's why we offer access to convenient care options designed to help move your dental health forward—available at no additional cost to you.

You have access to any dentist in the network and 24/7 access to a licensed dentist—via phone or web*—to help take care of a wide variety of oral health issues.

*Dentist Virtual Visits currently unavailable in Maine or Texas. Services may not be available in all states or for all lines of business.



Starting is easy:

1 Register for myuhc.com

Set up your account today

When it comes to managing your dental plan and making informed decisions, **myuhc.com**® can help—just follow these steps to sign up:

- Go to **myuhc.com**
- Click on **Register Now**; you'll need your ID card
- Follow the step-by-step instructions

It's that easy. And getting on-the-go access is easy, too, with the UnitedHealthcare® app. Download it today to access your ID card, find nearby care and more.

2 Find a network dentist

There are 2 ways to find a network dentist:

- Use **myuhc.com** or the UnitedHealthcare app. Search by name, facility or location and you'll see a list of dentists who are part of your network.
- Call the phone number on your ID card

3 Use your dental ID card

New members will receive an ID card

Your dental plan ID card has information about you and your coverage. When you make an appointment with your dental office, let them know you have the Exclusive Network plan. Be sure to show your card so they know how to bill for their services. You can take your card on the go with the UnitedHealthcare app, and you can also print your card on **myuhc.com**. Only the person who signed up for the plan (the subscriber) will be listed on the card, but the card can be used by everyone covered on the plan.



Two tools to help you take charge

Use **myuhc.com** and the UnitedHealthcare app to:

- Find the network care you need
- View and print ID cards
- Find cost estimates
- Sign up for paperless delivery
- See what's covered and get information about preventive care
- View claims details and much more

We do not treat members differently because of sex, age, race, color, disability or national origin

If you think you weren't treated fairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator:

Mail: UnitedHealthcare Civil Rights Grievance
P.O. Box 30608
Salt Lake City, UT 84130

Online: UHC_Civil_Rights@uhc.com

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the toll-free member phone number listed on your ID card.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call the toll-free phone number listed on your identification card.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意: 如果您說**中文 (Chinese)**, 我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese)**, quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ở mặt sau thẻ hội viên của quý vị.

알림: 한국어(**Korean**)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 신분증 카드에 기재된 무료 회원 전화번호로 문의하십시오.

PAALALA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русский (Russian)**. Позвоните по бесплатному номеру телефона, указанному на вашей идентификационной карте.

تنبيه: إذا كنت تتحدث العربية (**Arabic**)، فإن خدمات المساعدة اللغوية المجانية متاحة لك. الرجاء الاتصال على رقم الهاتف المجاني الموجود على معرف العضوية.

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki sou kat idantifikasyon w.

You can also file a complaint with the U.S. Dept. of Health and Human Services:

Online: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>

Complaint forms are available at hhs.gov/ocr/office/file/index.html

Phone: Toll-free **1-800-368-1019, 1-800-537-7697** (TDD)

Mail: U.S. Dept. of Health and Human Services
200 Independence Avenue SW, Room 509F
HHH Building
Washington, DC 20201

We provide free services to help you communicate with us such as letters in other languages or large print. You can also ask for an interpreter. To ask for help, please call the toll-free member phone number listed on your health plan ID card.

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro de téléphone gratuit figurant sur votre carte d'identification.

UWAGA: Jeżeli mówisz po **polsku (Polish)**, udostępniłmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue gratuitamente para o número encontrado no seu cartão de identificação.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die gebührenfreie Rufnummer auf der Rückseite Ihres Mitgliedsausweises an.

توجه: اگر زبان شما فارسی (**Farsi**) است، خدمات امداد زبانی به طور رایگان در اختیار شما می باشد. لطفاً با شماره تلفن رایگانی که روی کارت شناسایی شما فید شده تماس بگیرید.

ध्यान दें: यदि आप **हिंदी (Hindi)** बोलते हैं, आपको भाषा सहायता सेवाएं, नि:शुल्क उपलब्ध हैं। कृपया अपने पहचान पत्र पर सूचीबद्ध टोल-फ्री फोन नंबर पर कॉल करें।

DÍÍ BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yánilti'go, saad bee áka'anída'awo'ígíí, t'áá jíik'eh, bee ná'ahóót'i'. T'áá shóqdi ninaaltsos nit'i'izi bee nééhozinígíí bine'dęę t'áá jíik'ehgo béesh bee hane'i biká'ígíí bee hodílnih.

Learn more

For plan details, coverage and documents, sign in to myuhc.com

**United
Healthcare**

¹ American Cancer Society. "Key Statistics for Oral Cavity and Oropharyngeal Cancers." cancer.org/cancer/oral-cavity-and-oropharyngeal-cancer/about/key-statistics.html. Accessed February 2023.

This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

UnitedHealthcare dental coverage is underwritten by UnitedHealthcare Insurance Company, located in Hartford, Connecticut or its affiliates. Administrative services provided by Dental Benefit Providers, Inc., United HealthCare Services, Inc. or their affiliates.

The Exclusive Network Dental Plan in Georgia is underwritten by UnitedHealthcare of Georgia, Inc. Administrative services provided by Dental Benefit Provider, Inc., United HealthCare Services, Inc. or their affiliates.

The Exclusive Network Dental Plan in Ohio is underwritten by UnitedHealthcare of Ohio, Inc. Administrative services provided by Dental Benefit Provider, Inc., United HealthCare Services, Inc. or their affiliates.

The New York Exclusive Network Dental Plan is underwritten by UnitedHealthcare Insurance Company of New York located in Islandia, New York. Administrative services provided by DBP Services.

The Texas Exclusive Network Dental Plan from UnitedHealthcare is offered by National Pacific Dental, Inc. Benefits for the UnitedHealthcare dental DHMO plans are offered by National Pacific Dental, Inc. National Pacific Dental, Inc. is wholly owned by Dental Benefit Providers, Inc., a UnitedHealth Group company. Plans sold in Texas use contract form number DHMO.CNT.11.TX or DCNT.DHMO.19.TX and associated EOC form number DHMO.EOC.11.TX, DHMO.EOC.16.TX or DEO.DHMO.19.TX.